

CURRICULUM VITAE

CHARLES SWENCIONIS

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BORN: January 14, 1947, Elizabeth, NJ
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Ferkauf Graduate School of Psychology (work)
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Albert Einstein College of Medicine Campus
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EDUCATION

Rutgers University, New Brunswick, New Jersey, 1968, B.A., Psychology.
Stanford University, Stanford, California, 1978, Ph.D., Personality and Experimental Psychopathology, with concentration in Psychiatry. Research in the Hilgards' Hypnosis Laboratory.
Langley-Porter Institute, University of California, San Francisco, Post-doctoral Fellow, 1978-1979.
Albert Einstein College of Medicine, Department of Psychiatry, Post-doctoral Fellow in Health Psychology, June, 1979 to May, 1981.

APPOINTMENTS:

1989-present, Associate Professor of Psychology, Ferkauf Graduate School of Psychology of Yeshiva University.

1994-present, Associate Professor of Epidemiology and Population Health, and Psychiatry, Albert Einstein College of Medicine of Yeshiva University.

1996-2004, Director, Clinical Health Psychology Program, Ferkauf Graduate School and Albert Einstein College of Medicine.

1999-2001, Head, Division of Health and Behavior, Department of Epidemiology and Population Health, Albert Einstein College of Medicine.

1981-1989, Assistant Professor of Psychology, Ferkauf

1981-1994, Assistant Professor of Epidemiology and Social Medicine, and Psychiatry, Albert Einstein College of Medicine of Yeshiva University.

1979-1981 Research Assistant Professor of Psychology, Ferkauf Graduate School of Psychology of Yeshiva University.

1978-1979 Post-doctoral Fellow, Department of Psychiatry, Langley Porter Institute, University of California Medical School, San Francisco.

1978-1979 Lecturer, Hutchins School, Sonoma State University, Rohnert Park, California.

1974-1978 Teaching Assistant, Department of Psychology, Stanford University.

1966-1968 Research Assistant, Center for Alcohol Studies, Rutgers University.

CLINICAL APPOINTMENTS:

2004-present Supervising Psychologist, Obesity Treatment Service, Behavioral Medicine, Parnes Clinic, Ferkauf Graduate School

1990-1991 Supervising Psychologist, Behavioral Medicine Clinic, Department of Medicine, with Matthew Berger, M.D., Albert Einstein College of Medicine

1982-1985, Director, Smoking-Cessation Clinic, Division of Ambulatory Care, Department of Medicine, with Carl Nacht, M.D., Bronx Municipal Hospital Center

1980-1985, Chief Psychologist, Cardiac Rehabilitation Program, Division of Ambulatory Care, with Carl Nacht, M.D., Department of Medicine, Bronx, Municipal Hospital Center

PROFESSIONAL MEMBERSHIPS

American Psychological Association, The Obesity Society

LICENSING STATUS

Licensed Psychologist, New York State 1983-present, #7446

RESEARCH

Treatment of obesity, non-pharmacologic treatments of hypertension, quality of life, hypnosis in childbirth, cognitive function related to cerebral asymmetry, cardiac rehabilitation, and prevention.

PROFESSIONAL ACTIVITIES

2006-2013 Member, Center for Public Health Sciences Advisory Committee and Search Committee, Albert Einstein College of Medicine.

1999 Conference Organizer, Spirituality, Health, and Healing Conference, Ferkauf Graduate School and Wurzweiler School of Social Work, Yeshiva University, October 28, 1999.

1984-1988 Chair, 1980-1983, Member, Education and Training Committee, Division of Health Psychology, American Psychological Association.

1987 Chair, 1985-1987, 1989-1991 Member, Continuing Education Committee, American Psychological Association

1983-1989, Member, Council on Community Programs, American Heart Association, New York Heart Affiliate.

1983 Participant and member of organizing committee, National Working Conference on Education and Training in Health Psychology, Harriman, New York, Division of Health Psychology, American Psychological Association.

1983-Chair, 1981-1983 Subcommittee on Continuing Education Sponsor Approval, American Psychological Association.

1979- 1987, Board of Directors, American Institute of Stress

1993-present, Director, Continuing Education at Home, Institute for the Study of Human Knowledge, Los Altos, California.

1999-present and 1971-1982 Board of Directors, Institute for the Study of Human Knowledge, Los Altos, California.

EDITORIAL

1994-2003 - Book Review Editor, The Health Psychologist, the newsletter of APA Division 38.

1999-2004 – Section Editor, Heart Disease

1981- 1985- Editorial Board, Health Psychology,

Guest Reviewer, Journal of Consulting and Clinical Psychology, Psychophysiology, Journal of Social and Clinical Psychology, Addiction Research

GRANTS

NIH #1R01HL30163-01A1

Chief psychologist for multi-center clinical trial

Principal Investigator, M. Donald Blaufox, "Effect of Dietary Modification on Blood Pressure Control," 4/1/84 - 3/31/88, NIH - NHLBI, \$362,765 direct costs in final year.

NIH #1R01HL

Chief psychologist for multi-center clinical trial

Principal Investigator, Sylvia Wassertheil-Smoller, "Nutritional and Behavioral Core: Continuation of Trial of Antihypertensive Interventions and Management," 7/1/88-12/30/91, NIH-NHLBI, \$268,000 direct costs in 1989-90.

NIH #1R01HL

Co-Investigator

Principal Investigator, Judith Wylie-Rosett, "Dietary Intervention: Evaluation of Technology," 7/1/87-6/30/92, NIH-NHLBI, \$180,000 direct costs in 1991-92.

NIH #1 R01 HL50372-01

Co-Investigator

Principal Investigator, Judith Wylie-Rosett, "Models of Demonstration & Evaluation of Weight Loss Study," 9/1/93-8/31/98, NIH-NHLBI, \$374,359 direct costs in 1997-98.

GRANT REVIEW

Regular member, 1998-2001 – Risk and Preventive Health Behavior 2, NIH
Ad Hoc: National Heart, Lung, & Blood Institute, NIH, to present
National Cancer Institute, NIH

AWARDS

American Medical Writers Association, Medical Book Award, 1998 for The Complete Weight Loss Workbook
Master Teaching Paper of the Decade, Cardiovascular Reviews & Reports (with William Frishman, Andrew Razin, & Edmund Sonnenblick), awarded 1992.
Undergraduate: Graduated with high honors, Henry Rutgers Scholar,
Phi Beta Kappa
Graduate: Held NIMH Fellowship
Postdoctoral: Milton Rosenbaum Award for Basic Research in Psychiatry

BOOKS

Wylie-Rosett, J., Swencionis, C., Caban, A., Friedler, A.J., & Schaffer, N., (2007), The Complete Weight Loss Workbook, 2nd Edition. Alexandria, VA: American Diabetes Assn.

Wylie-Rosett, J., Swencionis, C., Caban, A., Friedler, A.J., & Schaffer, N., (1997), The Complete Weight Loss Workbook. Alexandria, VA: American Diabetes Assn.

Swencionis, C., & Ryan, E.D., (1994), The Lazy Person's Guide to Fitness. New York: Barricade Books.

Ornstein, R. & Swencionis, C. (Eds.) (1990), The Healing Brain: A Scientific Reader. New York: Guilford Press.

C.D. Belar and C. Swencionis (Eds.), (1983) Sourcebook for National Working Conference on Education and Training in Health Psychology, American Psychological Association.

ARTICLES IN PEER-REVIEWED JOURNALS

Rendell, S. L. & Swencionis, C. Point-of-purchase calorie labeling has little influence on calories ordered regardless of body mass index. *Current Obesity Reports*.
<http://link.springer.com/journal/13679>

Swencionis, C., Wylie-Rosett, J., Smith, L.L., Lent, M.R., Ginsberg, M., Cimino, C., Wassertheil-Smoller, S., Caban, A., & Segal-Isaacson, C.J., Lapse and relapse in diet and exercise. In preparation.

Ostrovsky N.W., Swencionis C., Wylie-Rosett J., & Isasi C.R. Social anxiety and disordered eating: An association among overweight and obese individuals. Eating Behaviors. 2013 Apr;14(2):145-8. doi: 10.1016/j.eatbeh.2013.01.009. Epub 2013 Feb 8.

Clark, E.A., Everhart, D., Palmer, R.S., Jackson, S., & Swencionis, C. Physical, mental, and sleep quality effects of a brief psychoeducational intervention in college students. In preparation.

Rosenberg, D.A., Swencionis, C., Segal-Isaacson, C.J. Caloric intake on shabbos and its relationship to overweight and obesity in the American Orthodox Jewish Community: A Pilot Study. Submitted to Journal of the American Dietetic Association.

Swencionis, C., Wylie-Rosett, J., Lent, M.R., Ginsberg, M., Cimino, C., Wassertheil-Smoller, S., Caban, A., & Segal-Isaacson, C.J., Weight change, psychological well-being, and vitality in adults participating in a cognitive-behavioral weight loss program. Health Psychology. 2013 Apr;32(4):439-46. doi: 10.1037/a0029186. Epub 2012 Aug 13.

Rendell, S.L., & Swencionis, C. Eating disorders in social networking: An Internet Survey. Submitted to Eating Behaviors.

Swencionis, C., Rendell, S.L., Dolce, K., Massry, S., & Mongan, M. Outcomes of HypnoBirthing, Journal of Prenatal and Perinatal Psychology and Health. Winter 2012. 27:2, 120-139.

Swencionis, C., & Rendell, S.L. (2012) Psychology of obesity. Abdominal Imaging. 37:5, 733-737. doi: 10.1007/s00261-012-9863-9.

Lent, M.R., & Swencionis, C. (2012) Addictive personality and maladaptive eating behaviors in adults seeking bariatric surgery. Eating Behaviors. 13:1, 67-70. doi:10.1016/j.eatbeh.2011.10.006.

Kofman, M.D., Lent, M., & Swencionis, C. (2010) Maladaptive eating patterns, quality of life, and weight outcomes following gastric bypass: Results of an internet survey. Obesity 18, 1938–1943 doi:10.1038/oby.2010.27.

Schnall, E., Wassertheil-Smoller, S., Swencionis, C., Zemon, V., Tinker, L., O'Sullivan, M.J., Van Horn, L., & Goodwin, M. (2010) The relation between religion and cardiovascular and all-cause mortality in the women's health initiative observational study. Psychology and Health. 25(2): 249-263.

Wisotsky, W., Dancyger, I., Fornari, V., Swencionis, C., Fisher, M., Schneider, M., & Wisotsky, W. (2006) Is perceived family dysfunction related to comorbid psychopathology? A study at an eating disorder day treatment program. International Journal of Adolescent Medicine & Health. 18(2):235-244.

Lightstone SN, Swencionis C, Cohen HW. (2005-2006) The Effect of Bioterrorism Messages on Anxiety Levels. International Quarterly of Community Health Education, 24(2): 111-122.

Wisotsky, W. & Swencionis, C. (2003). Cognitive Behavioral Approaches In The Management Of Obesity. In M. Fisher, M. Jacobson & N. Golden (Eds.) Adolescent Medicine State of the Art Reviews entitled: The Spectrum of Disordered Eating: Anorexia Nervosa, Bulimia Nervosa and Obesity. v14 (1): 37-48.

Wisotsky, W., Dancyger, I., Fornari, V., Katz, J., Wisotsky, W.L., & Swencionis, C. (2003) The relationship between eating pathology and perceived family functioning in eating disorder patients in a day treatment program. Eating Disorders. 11, 89-99.

Caban, A., Cimino, C., Swencionis, C., Ginsberg, M., Wylie-Rosett, J., (2001) Estimating software development costs for a patient multimedia education project. Journal of the American Medical Informatics Association. 8:(2):185-188.

Wylie-Rosett, J., Swencionis, C., Ginsberg, M., Cimino, C., (2001) Wassertheil-Smoller, S., Caban, A., Segal-Isaacson, C.J., Martin, M., Lewis, J., Computerized weight loss intervention optimizes staff time: The clinical and cost results of a controlled clinical trial conducted in a managed care setting. The Journal of the American Dietetic Association 101(10), 1155-1162.

Dornelas, E. A., Wylie-Rosett, J., & Swencionis, C., (1998) The DIET study: Long-term outcomes of a cognitive-behavioral weight control intervention in independently living elders. Journal of the American Dietetic Association.98(11):1276-1281.

Glazer, H.I., Jantos, M., Hartmann, E.H. & Swencionis, C. (1998) Electromyographic comparisons of the pelvic floor in women with dysesthetic vulvodynia and asymptomatic women. Journal of Reproductive Medicine, 43(11), 959-962.

Glazer, H.I., Rodke, G., Swencionis, C., Hertz, R., & Young, A. (1995) The treatment of vulvar vestibulitis syndrome by electromyographic biofeedback of pelvic floor musculature. Journal of Reproductive Medicine.40:4, 283-290.

Dornelas, E.A., Swencionis, C., & Wylie-Rosett, J., (1994) Predictors of walking by sedentary older women. Journal of Women's Health, 3:4, 283-290.

Swencionis, C., Wylie-Rosett, J., Peters, M., & Cimino, C. (1994) Psychological profiling to individualize nutrition and exercise treatment in people who are overweight. Diabetes Spectrum, 7:2, 130-132.

Wylie-Rosett, J., Swencionis, C., Peters, M., Dornelas, E.A., Edlen-Nezin, L., Kelly, L.D., & Wassertheil-Smoller, S. (1994) A weight reduction intervention that optimizes use of practitioner time lowers glucose and raises HDL cholesterol levels in older adults. Journal of the American Dietetic Association, 94, 37-42.

Goldman, A., Wylie-Rosett, J., & Swencionis, C. (1992) The effect of dietary changes and intentional weight loss on high density cholesterol levels in older adults. Journal of Nutrition in the Elderly, 12:1, 1-14.

Wassertheil-Smoller, S., Blaufox, M.D., Oberman, A., Davis, B.R., Swencionis, C., O'Connell Knerr, M., Hawkins, C.M., & Langford, H.G. (1991) Effect of antihypertensives on sexual function and quality of life: The TAIM study. Annals of Internal Medicine, 114:8, 15 Apr, 613-620.

Davis, B.R., Blaufox, M.D., Hawkins, C.M., Langford, H.G., Oberman, A., Swencionis, C., Wassertheil-Smoller, S., Wylie-Rosett, J., & Zimbaldi, N. (1989) Trial of antihypertensive interventions and management: Design, methods, and selected baseline results. Journal of Controlled Clinical Trials, 10(1): 11-30.

Razin, A.M., Swencionis, C., & Zohmann, L. (1986-87) Reduction of physiological, behavioral, and self-report responses in Type A Behavior. A preliminary report. International Journal of Psychiatry in Medicine. 16(1), 31-47.

Ornstein, R., Johnstone, J., Herron, J., and Swencionis, C., (1979) "Differential right hemisphere engagement in visuospatial tasks", Neuropsychologia, 18, 49-64.

Ornstein, R., Herron, J., Johnstone, J., and Swencionis, C., (1979) "Differential right hemisphere involvement in two reading tasks", Psychophysiology, 16:4, 398-401.

Manosevitz, M., Campenot, R., and Swencionis, C., (1968) "Effects of enriched environment upon hoarding", J. comp. physiol. psychol., 66:2, 319-324.

CHAPTERS, REVIEW ARTICLES

Rendell, S. & Swencionis, C. (2013) Physical inactivity: A lazy world. In Janghiani, S. & Wylie-Rosett, J. Obesity & Disease in an Inter-connected World: A Systems Approach to Turn Huge Challenges into Amazing Opportunities!, A Bentham Science E-Text.

Deen, D., & Swencionis, C. (2004) Lifestyle Counseling Strategies for Behavior Change in Carson, J., Burke, F., & Hark, L. (Eds.)pp. 81-105, Cardiovascular Nutrition: Disease Management and Prevention, Published by the American Dietetic Association.

Swencionis, C. (2001) Review of Baum, A., Tracey A. Revenson, T.A., and Jerome E. Singer, J.E. (Eds.) (2001) Handbook of Health Psychology, Lawrence Erlbaum Associates, Mahwah, New Jersey, The Health Psychologist, 23:2, Fall, 1-3.

Swencionis, C. (2000) Review of Eimer, B.N., and Freeman, A., (1998) Pain Management Psychotherapy, John Wiley & Sons, New York, The Health Psychologist, 22:2, Fall, 1-2.

Swencionis, C. (2000) Review of Suinn, R.M., and VandenBos, G.R.(1999) Cancer Patients and their Families, American Psychological Association, Washington, DC, The Health Psychologist, 22:1, Summer, 1-3.

Swencionis, C. (2000) Review of Burns, Linda Hammer, and Covington, Sharon N., (1999) Infertility Counseling: A Comprehensive Handbook for Clinicians, Parthenon, New York, The Health Psychologist, 21:3, Winter, 2-3.

Swencionis, C. (1999) Review of Friedberg, F. & Jason, L.A. (1998) Understanding Chronic Fatigue Syndrome: An Empirical Guide to Assessment and Treatment, American Psychological Association, Washington, DC, The Health Psychologist, 21:2, Fall, 2-3..

Swencionis, C. (1999) Review of Petrie, Keith J. & Weinman, John A. (1997) Perceptions of Health and Illness: Current Research and Applications. Amsterdam, Harwood Academic Publishers, The Health Psychologist, 21:1, Spring, 2-3.

Swencionis, C. & Caban, A. (1999) Emotions and roadblocks. In Wylie-Rosett, J. & Segal-Isaacson, C.J. Leader's Guide to The Complete Weight Loss Workbook. Alexandria, Virginia, American Diabetes Association.

Swencionis, C. (1999) Review of King, Phyllis M.(Ed.), (1998) Sourcebook of Occupational Rehabilitation, New York, Plenum, The Health Psychologist, 21:2, Fall, 2-3.

Swencionis, C. (1999) Four Short Reviews: Cambridge Handbook of Psychology, Health and Medicine, Ethics in Psychology: Professional Standards and Cases, Exploring Sport and Exercise Psychology, and Mind Matters: Seven Steps To Smarter Sport Performance The Health Psychologist, 20:3, Winter, 2-3.

Swencionis, C. (1998) Preface to Sargent, W., Battle for the Mind. Cambridge, MA, Malor Books.

Swencionis, C. (1998) Review of Allan, Robert, and Scheidt, Stephen (eds.) (1996) Heart & Mind: The Practice of Cardiac Psychology. Washington, DC: American Psychological Association, The Health Psychologist, 20:2, Spring, 2-3.

Swencionis, C. (1998) Review of Hillbrand, Marc and Spitz, Reuben T. (eds.) (1997) Lipids, Health, and Behavior. Washington, DC: American Psychological Association. The Health Psychologist, 20:1, Winter, 2-3.

Wylie-Rosett, J., Swencionis, C. (1997) Getting the weight off. Yeshiva University Review, 4:1, 17-19.

- Swencionis, C. (1996) A review of Eating Disorders and Obesity: A Comprehensive Handbook Ed. By K.D. Brownell & C.G. Fairburn, The Health Psychologist, 18:1, Winter, 2-3.
- Swencionis, C. (1995) A traditional psychology: review of The Commanding Self by I. Shah, Contemporary Psychology, 40:9, 897-898.
- Swencionis, C. (1994) A review of Psychophysiological Disorders: Research and Clinical Applications Ed. by R.J. Gatchel & E.B. Blanchard, The Health Psychologist, 16:1, Spring, 3.
- Swencionis, C. (1993) How did consciousness evolve? A review of The Evolution of Consciousness by R. Ornstein, Contemporary Psychology, 38:4, 348-350.
- Corrigan, S.A., Raczynski, J.M., Swencionis, C., & Jennings, S.G. (1991) Weight reduction in the prevention and treatment of hypertension: A review of representative Clinical Trials. American Journal of Health Promotion, 5:3, Jan/Feb, 208-214.
- Swencionis, C. & Mosca, J. (1990). Type A Behavior. In R. Ornstein & C. Swencionis (Eds.), The Healing Brain: A Scientific Reader. New York: Guilford Press.
- Wylie-Rosett, J., & Swencionis, C. (1990). Nutritional approaches to hypertension. In B. Levine & H. Langford (Eds.), Nutritional Therapy in the Management of Hypertension. New York: Liss.
- Wylie-Rosett, J., Swencionis, C., & Stern, J. (1988). Nutritional and behavioral strategies for the obese individual with diabetes. Topics in Clinical Nutrition, 3, 9-19.
- Swencionis, C. (1988). Psychoneuro-immunology and holistic medicine. Contemporary Psychology, 33, 351-353.
- Levin, G., & Swencionis, C. (1987). Training health psychologists in the academic medical center. In G. Stone, S. Weiss, J. Matarazzo, N. Miller, J. Rodin, G. Schwartz, C.D. Belar, M. Follick, & J. Singer (Eds.), Health Psychology: A Discipline and a Profession. (pp. 467-480). Chicago: University of Chicago Press.
- Swencionis, C., & Hall, J. (1987) Ethics in Health Psychology in G. Stone, S. Weiss, J. Matarazzo, N. Miller, J. Rodin, G. Schwartz, C.D. Belar, M. Follick, & J. Singer (Eds.) Health Psychology: A Discipline and a profession, University of Chicago Press.
- Levin, G., & Swencionis, C., Education and Training in Health Psychology in a Medical Center in C.D. Belar and C. Swencionis (Eds.), (1983) Sourcebook for National Working Conference on Education and Training in Health Psychology, American Psychological Association.

Swencionis, C., (1982) Journals relevant to Health Psychology, Health Psychology, Vol. 1, no. 3, pp. 307-313.

Frishman, W.H., Razin, A.M., Swencionis, C., and Sonnenblick, E.H., (1981) Beta adrenoceptor blockade in anxiety states: a new approach to therapy? Cardiovascular Review and Reports, Vol, 2, No. 5, May, pp. 447-459.

PRESENTATIONS

Yoga and Disordered Eating, Levenson, R.B., and Swencionis, C. (2013, April) Society for Behavioral Medicine, San Francisco, CA.

Social Networking & Eating Disorders: An Internet Survey, Rendell, S., Swencionis, C., & Childs, A. (2012, April) Society for Behavioral Medicine, New Orleans, LA.

The Psychology of Obesity, Swencionis, C., (2011, September) European Health Psychology Society, Hermanissos, Crete, Greece.

The Relationship between Social Anxiety, Emotional Eating, and Binge Eating: Could Social Anxiety Be a Barrier to Healthy Weight in Overweight and Obese Individuals? Wright, N., Swencionis, C., Isasi, C., Wylie-Rosett, J. (2010, October) The Obesity Society Annual Scientific Meeting, San Diego, CA.

Caloric Intake on Shabbos and its relationship to overweight and obesity in the American Orthodox Jewish Community: A Pilot Study. Rosenberg, D.A., Swencionis, C., Segal-Isaacson, C.J. (2010, October) The Obesity Society Annual Scientific Meeting, San Diego, CA.

Swencionis, C., Wylie-Rosett, J., Lent, M.R., Ginsberg, M., Cimino, C., Peters, M., Wasserthiel-Smoller, S., Caban, A., & Segal-Isaacson C.J. (2009, October). Weight change, psychological well-being and vitality in adults. The Obesity Society Annual Scientific Meeting, Washington, DC.

Swencionis, C., Wylie-Rosett, J., Lent, M.R., Ginsberg, M., Cimino, C., Peters, M., Wasserthiel-Smoller, S., Caban, A., & Segal-Isaacson C.J. (2009, November 12). Weight change and psychological well-being. The New York Academy of Medicine: Annual Clinical Nutrition Meeting, New York, NY

Clark, E.A., Everhart, D., Palmer, R.S., Jackson, S., & Swencionis, C. (2009). Physical, Mental, and Sleep Quality Effects of a Brief Psychoeducational Intervention in College Students. Poster presentation at 2009 23rd Annual Convention of the Connecticut Psychological Association, November 13, Windsor, CT.

Swencionis, C. Training Perception of Hunger and Satiety in Weight Control, Yale University Psychology Dept., September 18, 2003.

Swencionis, C. Health Psychology, Clare Maxwell-Hudson Institute, London, July 4, 2000.

Swencionis, C. Science, Spirituality, and Healing. Workshop presented at Spirituality, Health, and Healing Conference, Ferkauf Graduate School and Wurzweiler School of Social Work, Yeshiva University, October 28, 1999.

Swencionis, C., Theodore, J., Cimino, C., Peters, M., & Wylie-Rosett, J.W. Types of Relapse in Diet and Exercise in Weight Control, American Psychological Association, Boston, August, 1999.

Swencionis, C., Caban, A., Cimino, C., Ginsberg, M., & Wylie-Rosett, J., Individualizing a Computer-Based Weight-Control Intervention, Society for Behavioral Medicine, New Orleans, LA, March, 1998.

Schaffer, N., Wylie-Rosett, J., Swencionis, C. Psychosocial and demographic factors associated with binge eating disorder. Society for Behavioral Medicine, New Orleans, LA, March, 1998.

Hartmann, D., Glazer, H., & Swencionis, C., Endurance and Stability in Biofeedback Treatment of Vulvar Vestibulitis, International Society for the Study of Vulvar Disease, Baveno, Italy, September, 1997.

Wylie-Rosett, J., Swencionis, C., Segal-Isaacson, CJ, & Cimino, C., Need to Optimize Dietitian Time in Providing Health-Related Weight Control Services. Presented at Nutrition Services and Quality of Care – Sponsored by The Food and Nutrition Board, Institute of Medicine, National Academy of Sciences, New York, NY, March, 1997.

Steinman, A., Wylie-Rosett, J., Ginsberg, M., Chan, C.J., & Cimino, C. Tailoring Weight Loss Intervention Through Interactive Computer Guidance. Presented at American Heart Association 7th Annual Research Conference on Cardiovascular Risk Factors: A Multidisciplinary Approach to Research. New York City, NY April, 1997.

Caban, A., Cimino, C., Ginsberg, M., Swencionis, C., Wylie-Rosett, J. Computer guided intervention for weight control. Proceedings American Medical Informatics Association. Fall Symposium, Washington, DC 1996.

Swencionis, C., Wylie-Rosett, J., Edlen-Nezin, L., & Peters, M. , Workshop in Use of Computers and Video in Weight Control at Society for Behavioral Medicine, Boston, March 14, 1994.

Grand Rounds in Psychiatry, Dec., 1992, Treatment of Obesity, Albert Einstein College of Medicine,

Swencionis, C., Wylie-Rosett, J., Peters, M.H., Dornelas, E.A., Edlen-Nezin, L., & Kelly, L.D. Self-efficacy predicting intentional weight loss in elderly. Presented at the 1991 American Psychological Association Convention, San Francisco, August, 1991.

Dornelas, E.A., Swencionis, C., & Wylie-Rosett, J., Psychosocial factors influencing physical activity in older women. Presented at the Conference on Women, Behavior and Cardiovascular Disease sponsored by the National Heart, Lung & Blood Institute, Bethesda, MD, September, 1991.

Dornelas, E.A., Swencionis, C., & Wylie-Rosett, J., Self-efficacy predicting intentional weight loss in elderly people. Presented at the American Psychological Association Annual Convention, August, 1991, San Francisco, CA.

Kelly, L.D., Swencionis, C., Wylie-Rosett, J., Peters, M.H., Dornelas, E.A., & Edlen-Nezin, L., Attrition in weight control for the elderly. Presented at the Thirteenth Annual Meeting of the Society of Behavioral Medicine, New York, March, 1992.

Swencionis, C., Wassertheil-Smoller, S., Corrigan, S., Raczynski, J., Blaufox, M.D., Davis, B.R., Oberman, A., Zimbaldi, N., Langford, H., Schlundt, D., O'Connell-Knerr, M., Hughes, G., Plutchik, R., & Hyman, R. A Battery to Assess Quality of Life in Antihypertensive Regimens, paper presented at Society for Behavioral Medicine, Chicago, May, 1990.

Wylie-Rosett, J., Swencionis, C., Peters, M.H., Dornelas, E.A., Edlen-Nezin, L., Kelly, L.D., & Wassertheil-Smoller, S. Effects of a behavioral intervention on weight, glucose and lipids in an elderly population. Presented at the Twelfth Annual Meeting of The Society of Behavioral Medicine, Washington, DC, March, 1990.

Swencionis, C., Kelly, L.D., Wylie-Rosett, J., & Peters, M.H. Assessing psychological barriers to weight control in an elderly population. Presented at the Twelfth Annual Meeting of The Society of Behavioral Medicine, Washington, DC, March, 1990.

Razin, A. & Swencionis, C., Reduction in Type A Physiological, Behavioral and Self-Report Responses, Poster Presentation, American Psychological Association for August, 1984 convention in Toronto.

Swencionis, C., Chair of Symposium: Assessment in Type A and other coronary-prone behavior patterns. Paper presented on Method variance in assessment of coronary-prone behaviors at American Psychological Association Convention, August 26, 1982.

Swencionis, C., Coronary-Prone Behavior Pattern. Grand Rounds in Family Medicine University Hospital, SUNY Stony Brook, New York, April 1982.

Swencionis, C., Personality and Stress. Workshop, Iowa State Psychological Association, Des Moines, April 16, 1982.

with Razin, A., Stress and Type A Behavior. Human Resources Institute. Dayton Ohio, December 1982.

Swencionis, C., Psychological Factors in Stress. Grand Rounds in Psychiatry, Brookdale Hospital, Brooklyn, New York, January 12, 1982.

with Razin, A., Stress and Type A Behavior: Principles and Treatment, Albert Einstein College of Medicine Cape Cod Summer Institute in Psychiatry, Eastham, MA, August 31-September 4, 1981.

TEACHING

At undergraduate level as Teaching Assistant at Stanford, Introductory Psychology, Psychological Statistics, Abnormal Psychology, Psychology of Consciousness (1974-76).

At undergraduate level as Instructor at Stanford, Psychophysiological Self-Regulation (1976-77).

At undergraduate level as lecturer at Sonoma State University, Psychophysiological Self-Regulation, and Biopsychology of Consciousness (1978-79).

At graduate level in Ferkauf-Einstein Health Psychology concentration, Clinical Health Psychology Research Methods; Health Psychology Research: Health Psychology II; Personality; Research Seminar in Obesity; Epidemiology, Computer Analysis of Behavioral Data.

At continuing education level as Managing Director of the Institute for the Study of Human Knowledge, chaired courses on Biofeedback at Albert Einstein College of Medicine, Tufts Medical School, and the University of California Medical School, San Francisco; on Stress at the University of California Medical School, San Francisco, University of Southern California, University of Texas Health Science Center at Houston, The University of Illinois at the Medical Center, Albert Einstein College of Medicine, and the University of Chicago; on Hypnosis at the University of Southern California, Albert Einstein College of Medicine, and the University of California Medical School, San Francisco; on the Outcome of Psychotherapy at Albert Einstein College of Medicine, the University of Southern California, and UC San Francisco.

At continuing education level at Albert Einstein College of Medicine 1980-83, Department of Psychiatry, Assistant Director, Cape Cod Summer Institute.

At undergraduate medical-school level, Epidemiology and Behavioral Medicine to first-year and third-year students, ambulatory care to fourth-year students.

At resident medical school-level, behavior modification and consultation-liaison psychiatry to psychiatric residents, and ambulatory care to medical residents.